



SIGNATURES

_____	_____	_____	_____
<i>Person served</i>	<i>Date</i>	<i>Provider Staff</i>	<i>Date</i>
_____	_____	_____	_____
<i>Parent/Guardian</i>	<i>Date</i>	<i>Additional Supporter</i>	<i>Date</i>

_____’s ONE-PAGE PROFILE

What people like & admire about me (My contributions and talents)

What’s Important to ME
(My conditions, preferences, values)

How to Best Support ME
(Strategies for working together)

Life Trajectory Worksheet

Past Life Experiences Review last year's goals		Action Steps to the Future List goals for the upcoming year	
<div>Review what didn't work last year</div>		<div>List risks and obstacles that might push your trajectory toward what you don't want</div>	
<div>Write current age here</div>		<div>What I DON'T Want LIST the things you don't want in your life...</div>	

